



Move More Challenge



Move More and earn a free ticket to see the Portland Sea Dogs in 2026!

Let's Go! is 20 this year and we are celebrating with the Move More Challenge! The goal is for children to move 1 hour or more for 20+ days to earn a free ticket to see the Portland Sea Dogs play at Delta Dental Park. Parents/caregivers, we encourage you to join the celebration!

How does it work?

1. Children 18 years old and younger can participate.
2. Move 1 hour or more a day for 20+ days (visit letsgo.org/movemore for ideas!)
3. Go online at least 2 days before the game you choose to go to. Game options are listed below and online.

Claim your ticket!

When you have completed your challenge, go to <https://www.gofevo.com/group/Letsgo26> to claim your ticket. Choose your game and purchase additional tickets directly from the above link. **You need to go online and claim your ticket at least 2 days before the game you choose to go to.**

No internet access? Send the below form to:

Let's Go! Move More Challenge
c/o MaineHealth
110 Free St.
Portland, ME 04102



Questions about Tickets?

Email emily@seadogs.com
or call 207-879-9500.

Scan the QR code or visit letsgo.org/movemorechallenge for more details.

Use this form for mail in submissions.

Child's Name: _____ Date of Birth: _____

Address: _____

Parent/Guardian's Name: _____ Phone: _____

Email (needed for digital ticket): _____

Choose your game:

Wednesday, May 6 @6 p.m. Thursday, July 30 @6 p.m.
 Friday, May 22 @6 p.m. Thursday, August 20 @6 p.m.
 Sunday, June 21 @1 p.m.

* All tickets are digital. Tickets subject to availability.

If mailing submission, additional tickets can be purchased at a discounted rate for accompanying family/friends by calling the Ticket Office at 207-879-9500.

